

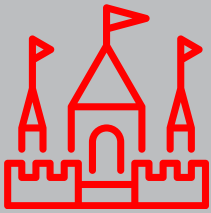
4 corners - 10pts  
1 line - 25pts  
2 lines - 50 pts  
full card - 100 pts



REVEAL YOUR CHAMPION



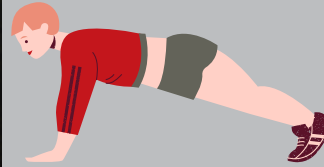
# TEAM ONTARIO BINGO



Name as many Disney characters as you can



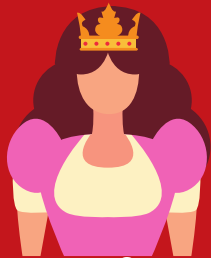
Make a Disney themed healthy snack



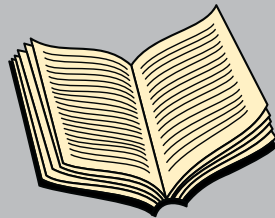
15 push ups (x2)



10 Jump squats



Draw your favourite Disney character



Read a Disney themed Book



Free Square!



Attend the Virtual Health Session



Dance to your favourite Disney song



Name your favourite Disney quote



Smile and greet 5 people in a day



Make 5 Team Ontario Kindness Pins



Start each day by drinking water



Watch a Disney movie



Make a Disney themed lunch or dinner



10 minutes of stretching

WEEK 10