

4 corners - 10pts
1 line - 25pts
2 lines - 50 pts
full card - 100 pts



TEAM ONTARIO BINGO

 <p>Eat a Special O Donut</p>	 <p>Give the Special O Donut to a Friend</p>	 <p>20 lunges on each leg</p>	 <p>Make 5 Team Ontario Kindness Pins</p>
 <p>10 squats</p>	 <p>Take a selfie with the Special O Donut</p>	 <p>Free Square!</p>	 <p>Draw a Team ON Donut</p>
 <p>10 minutes of stretching</p>	 <p>Try skipping for 2 minutes</p>	 <p>Celebrate someone else's success</p>	 <p>Go for a walk - 3 times a week</p>
 <p>Drink 5 glasses of water - each week</p>	 <p>Each Lunch included food from EVERY food group</p>	 <p>Write about your favourite part of this week</p>	 <p>Thank Tim Horton's Staff</p>

WEEK 5