

4 corners - 10pts  
1 line - 25pts  
2 lines - 50 pts  
full card - 100 pts



REVEAL YOUR CHAMPION



# TEAM ONTARIO BINGO



Eat a  
Special O Donut



Give the  
Special O Donut  
to a Friend



20 lunges on each leg



Make 5  
Team Ontario  
Kindness Pins



10 squats



Take a selfie with  
the Special O Donut



Free Square!



Draw a  
Team ON Donut



10 minutes of  
stretching



Try skipping for 2  
minutes



Celebrate someone  
else's success



Go for a walk -  
3 times a week



Drink 5 glasses of  
water - each week



Each Lunch included  
food from EVERY  
food group



Write about your  
favourite part of this  
week



Thank  
Tim Horton's Staff

WEEK 5